## Our 'Mindful' Spa Sample Lunch Menu

## Please choose a Main Course & Dessert

Our Chicken Caesar Salad - Baby Gem Lettuce, Parmesan, Anchovies, Farm Egg, Croutons, Garlic Dressing

Baby Leaves Salad, Warm Goat Cheese Sweet Peppers, Cucumber, Edamame, Cherry tomatoes, Spring Onions, , Seeds 7Herb Dressing (V) and (Vegan - with Warm Plant Based Cheese Toasts , and Olive Oil & Balsamic dressing )

Clubhouse Burger - Brioche Bun, Cheddar Cheese Grilled Onion, Burger Sauce Served with Skin on Fries

Croque Monsieur - toasted Sandwich with Mature Cheddar, Honey roast Ham, served with Skin on Fries

Spiced Vegetable and Lentil Curry, Coconut Cream Vegetable Jasmin Rice (VEGAN)

Mango & Green apple chutney

## Handmade & Stretched Stone Baked Pizzas

Garlic, Mozzarella & Cheddar Cheese

Margherita - Mozzarella & Parmesan, Melanzane Tomato, Basil

Pepperoni - Mozzarella & Parmesan

Veggie Feast - Fired Red Pepper, Vegetables, Tomato, Pesto, Olives & Mozzarella (V) And (Vegan - with Plant based Cheese )

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Lemon Meringue Roulade (GF)

New York Cheesecake with Berry Coulis

New York Cheesecake (VG, GF)

Chocolate and Orange Sponge Cake

Fresh Fruit Salad (VG, GF)

Chocolate and Caramel Tart (VG, GF)

Layered Lemon Sponge Cake (VG)

Most of our dishes contain allergens, please ask us about any dietary requirements. All dishes can also be adapted to be Gluten Free or Dairy free with advance notice Our Vegan menu is also available with advance notice