



## PRICE LIST 2024

### Physiotherapy

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#### Principle Physiotherapist

Initial Assessment & treatment (45 minutes) £90  
Treatment (30 minutes) £60  
Treatment (45 minutes) £80

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#### Senior Physiotherapist

Initial Assessment & treatment (45 minutes) £85  
Treatment (30 minutes) £55  
Treatment (45 minutes) £75

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### Sports Therapy & Massage

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#### Sports Therapist

Initial Assessment (60 minutes) £80  
Initial Assessment (30 minutes) £60  
Treatment (30 minutes) £40  
Treatment (60 minutes) £70

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#### Sports Massage Therapist

60 minutes £65  
30 minutes £35

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### Dietician

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Initial Assessment £75  
Follow-up Consultation £55  
Healthy Eating Plan £105  
Keto eating Plan £125

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### Pilates

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#### Payable for the term in advance, equates to:

Members £12.50 per session  
Non-members £15.00 per session

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We do offer Wellness Packages at discounted rates for regular ongoing treatments, contact us for more information.